How to cut…

Place the nipple on a flat firm surface such as a cutting board or a piece of wood. Keep fingers away from the nipple tip and place the tip of the blade approximately 1/8" from the end of the nipple and push the knife straight down.

This method of preparing the nipple gives you more control over the size of the opening in the nipple. It also allows the nipple to close completely if the nipple is not being squeezed.

Remember: Always use safe cutting precautions.